HKUST School of Business and Management Exchange Report

FALL 2017 – Lund University, Sweden



Name: Chan Sze Ki (Kinki) BBA (Marketing & Management)

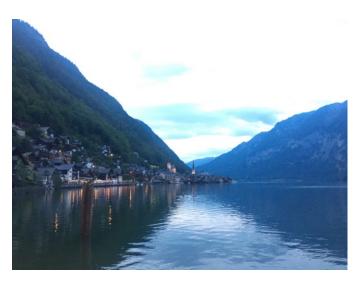


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Part I - Monthly Activity Log

<u>August 2017</u>

Before arrived at Lund, I spent two weeks in traveling to Eastern Europe where includes Hungary, Austria, Czech Republic and Germany. On the arrival day, I met my friend from another university at the CPH airport. Some student helpers from the Lund University waited us at the arrival gate and brought us to the Lund Central Station. They are friendly and willing to answer us every single questions. You would also receive



a welcoming package at the AF Borgen (the place you check in). There was a list of activity that you could take part in such as IKEA tour, hiking, Swedish taste activity that you can know more about Sweden! But remember to register as soon as you can because the seat is limited!

I took the introductory Swedish course at LUX Building. It helped us to understand the daily uses of Swedish which was fun and interesting even though you sometimes had to attend the 8 o'clock lessons!



September 2017

The duration of the daylight is almost the longest throughout the exchange period so you seem to have plenty of time to do whatever you want. And it was the beginning of our study period one, the workload was not that heavy so I went to Gothenburg with my friends and spent some time at home. I took the master course (BUSN21) and management course (FEKH46) in period one. The teaching format of FEKH46 has changed so we were required to submit one learning journal in every weeks and discussed with other classmates in the seminars. Indeed, it was quite time-consuming but we learnt a lot in the seminars.

In the late-September, I went to Stockholm and Greece. The scenery at Santorini is incredible which is worth to take about 9 hours ferry to get to.

<u>October 2017</u>

Unlike in HKUST, the presentations and some of the assessments were only graded as Pass/Fail but everyone did really put lots of effort on it which I really appreciate. There were some quizzes and presentations in Mid-Oct and Late-Oct so we had like a "study week" which allowed me to have a flexible study and travel schedule. So I went to Amsterdam, Paris, London. We had a Halloween party at one of my friends' home and we had made up and BBQ on that day!





November 2017

November is the start of study period 2. I took a IBUA21 and FEKH21. The courses were not that difficult so November was quite relaxing for me. The weather started to turn colder so I spent lots of time staying at home and learning how to cook new cruises. As for traveling, I went to Iceland and it was my first time to see the aurora, to ride the Icelandic horse which were unforgettable!

December 2017

In December, I only had the quiz and presentation of FEKH21 so I finished my semester on 11th. Luckily, I saw the first snow in Lund when was on 7th December. December was the month when exchange students almost finished all of their studies. Before we left, we celebrated Christmas on 12th and exchanged for the Christmas presents.



Since my last examination was held on 10th January, I went traveling to Latvia, Tallin, Finland for Christmas and visit the Santa Claus! On New Year's Eve, I went to London to enjoy the countdown event as the local Britain celebrated the new year by lighting up the fireworks in front of the Big Ben Building. It was fabulous!



January 2018

Before I travelled back to Hong Kong, I came back to Lund and revised for my last examination of IBUA21 because the exam counts for 100% of the final grade which is tough!

After that, I travelled to Copenhagen as my final destination.

Part II General Exchange Information

<u>Visa Procedures</u>

You have to apply for the residential permit in order to stay in Sweden for more than 3 months. You better apply for it at least two months before you leave because it takes time. The details and procedures for applying Residence Permit will be provided by Lund University through email.

Orientation Activities

This year, each of you would be assigned to one of the mentoring group so you can join several activities with them like Treasure Hunt, Sports Day,etc.

International Services & Activities

International Desk also held activities so you can follow their Facebook page to keep informed of events, activities, Swedish cultural traditions and things happening around Lund University and nearby cities.

Accommodations

In Lund, there are three types of accommodation: LU Accommodation, AF Bostäder or via other agencies such as Airbnb. LU Accommodation is part of Student Services at Lund University and offers housing for local and exchange students. International students are not guaranteed for housing and housing is limited, so you have to apply for the accommodation as soon as possible (earlier for higher chance!) At first, I was in the waiting list, but eventually I received an offer and lived in Ostra Torn which is a studio flat. Actually it was a bit far away from Lund C but near from the Economics building where I only walk ed for 10 minutes and took a bus for 5 minutes. However, it is possible to walk for 15 minutes to the nearest supermarket (ICA Nära Tornet)

<u>Course Registration</u>

Around 2-3 months before the exchange, you will receive an email from Lund University regarding the course registration. Therefore, you can apply for the course assessment right after you received the exchange offer. You can first check Course Equivalency System for more information but remember to check which courses will be opened in the coming semester. Probably you will take two courses for each period (Two period in one semester), you can also have a chance to add/drop/swap the course during the orientation day. During my exchange, I had studied the following course:

SUSA11 Swedish: Introductory Course for Exchange Students 1 BUSN21 Strategic Brand Management (Master course) FEKH46 Business Administration: Leadership and Change Management FEKH21 Business Administration: International Business and Multinational Enterprises IBUA21 International Business: International Marketing

Teaching & Assessment Method

In Lund University, most of the lecture attendance are not compulsory. But seminars are really important. They use the absolute grading system so you have to get a pass in every assessments in order to get a E grade or above. There are also take-home exam which you can answer the essay questions at home. In addition, the schedule structure is different comparing to HKUST so you may need to check the schedule and venue everyday before you go to school.

Sports & Recreational Facilities

Victoria Stadium is one of the famous sport hall in Lund so you can keep fit or participate in sport. And the fee is not that expensive.

Finance & Banking (including currency/expense)

The exchange rate is around 1SEK to 0.95HKD. Because we only stay at Lund for half an year, it is very difficult to apply for the local debit card in Sweden. Therefore, it is recommended to bring some SEK and EURO with you. As using Visa card as a payment method is quite common in Europe, you can just bring a credit card to pay your bill in restaurant and even supermarket! And here is the total expense of my exchange journey:

	HKD
Flight ticket (From Hong Kong to Budapest; Copenhagen to Hong Kong)	\$8000
Daily expense in Lund (Food, leisure, transportation)	\$12500
Traveling expense	\$55000
Insurance	\$2000
Accommodation in Lund	\$21000
Total	\$98500

Social Clubs & Networking Opportunities

You can also join nations to take part in different activities. I joined the Västgöta Nation. They organized the sitting, professor pong, soup lunch etc which are really worth to join and only charge you at a reasonable price.

<u>Health & Safety</u>

I had purchased an international insurance in Hong Kong which is around HKD\$2000 apart from the one provided by Lund University because it only cover the medical expenses in Lund. Lund is an extreme safe city as it is just a student city. The emergency number in Lund is 112. You can also call the free Medical Advice telephone service .

Food

Dining out was quite expensive in Lund comparing to Hong Kong. You have to pay around SEK70 for a fast food meal. Therefore, I usually cooked by myself. There are four main supermarkets that you can choose for which are ICA, Coop and Lidl and Willy's. I also love going to Lokchan AB for Asian grocery shopping which is located at Lund C and easy to find. Asian buffet is quite common in Lund that you only need to pay around SEK100 for one person and food variety is high.

Transportation

Cycling is very common in Lund. As I am not good at cycling, I did not get my own bike and just take bus or walk on foot. Also, you can download the app "Skånetrafiken" so you can buy the monthly bus ticket at a student discount which around SEK400.

<u>Climate</u>

During fall semester, the weather in Lund was around 10'C to 18'C which was cool and refreshing. The coldest weather would be around -4'C in December and January. However, it was not that cold comparing to Stockholm as it is the southern part of Sweden. So you just need to wear the Heattech clothes and leggings to keep yourself warm.

<u>Communication</u>

Locals can speak fluent English but it would be much better if you know a little bit Swedish. Local people are very helpful so you can ask for help if you need.

<u>Cautionary Measures</u>

Even though Lund is an extreme safe city, you have to be careful when you have late-night walks through the darkest and most desolate back streets since there might be drunk people!

Part III Items to bring and contacts

- Letter of Acceptance
- Course Registration letter
- Passport and ID card (with a copy)
- Residence Permit (with a copy)
- Credit card and Debit card
- Money (Both SEK and EURO)
- Rice Cooker (in case you will cook)
- Universal adaptor
- Medicine
- Ice Grips
- Wi-Fi Router
- Wallet
- Laptop
- Stationery
- Camera
- Suitable clothes (Both normal and extreme weather)
- Pillow, bedsheets/ blankets

Part IV Useful Links and Contacts

Lund University School of Economic and Management (LUSEM) Exchange Program Website

https://www.lusem.lu.se/study/exchange

Lund University Accommodation

http://www.luaccommodation.lu.se/

Course Schedules

https://se.timeedit.net/web/lu/db1/ehl1/

Live@Lund (Canvas-equivalent in Lund)

https://liveatlund.lu.se/sv-se/Sidor/default.aspx?r=30

Resident Permit Application

https://www.migrationsverket.se/